

A spring in your step with Theragem: News blast 2015!

Happy Easter everyone!

After a great kick-start to the year for our MHI team, outside we are finally starting to see the Lancashire weather shine and bring with it the beautiful springtime colours, which makes a change to the wet, cold rain. We do have lots to share with you in this newsletter and hope you thoroughly enjoy reading it.



World News: With doctor shortages running low especially in the UK hospitals, patients are waiting longer than ever to get a GP appointment. According to BBC News health section, surgeries are struggling with the growing workload; the figures from a UK GPs survey showed 30% of GPs will probably leave their practice before the age of 60 due to the physical volume of work!

<http://www.bbc.co.uk/news/health-31550423>

These kinds of figures show us that thousands of people, if not more, are walking around in the UK in some sort of pain or illness which is not being treated by a GP. This is not just in the UK; Hong Kong's Minister speaks out about their doctor shortage not being at ease until **2020** and the USA are struggling as well. This is why using and promoting Theragem in your practice is so important, so that we can help people in pain and reach homeostasis with our clients, for that happy mind in a happy body.

Important announcement

With our company ever growing and increasing in size, it is with great success that we inform you that we have expanded so much, we have moved to a bigger location! Our new UK office is situated in the heart of the tranquil Lancashire region in Whalley, where there is access to a train station, tasty little bakeries and excellent local amenities. Our telephone number is the same but we have a new address.

Alongside our move we are also very excited to inform you that we have also re-launched and re-branded our website and logo giving it a fresh, cleaner, professional look. We welcome you to visit our new website; it is user friendly and much more interactive! Please note that for a week or so, as there is a changeover of text you may not find all information updated yet; as MHI holds a vast amount of information we kindly ask you to be patient.

New website: www.medicahhealth.org

Our new address: Medica Health International Ltd. Lancashire House, The Sidings Business Park, Whalley, Lancashire, BB7 9SE.

MEDICAHEALTH


New MHI global sales director

MHI presents to you, our latest arrival at the MHI team Mr Ed Dekkers!

As Ed Dekkers I'm born and raised in one of the biggest harbours of the world, Rotterdam. After finishing my Metallurgy study, I worked in the family business founded by my parents, which created the roots for my future life and career. Although I had a nice and easy time, I strongly felt that this didn't give me the challenge and satisfaction of what I expected from work and life. I needed to be on the steering wheel of my own life and decided to quit the company to move to the countryside in the south of the Netherlands, right near the border of Belgium and Germany.



There I got to know my true self, shaping my life as I really wanted it to be. The exploration of several businesses defined clearly my preferential line of work for manufacturing companies supplying non-invasive products, equipment and trainings beneficial to; wellness, healthcare and happiness of humans. A new path in life opened up travelling around world meeting many people with different cultures in many countries. All people who have a mission give others the possibility to be healthier and happier. Building up this business many of them went from business to becoming very good friends. You can imagine how this gives me the drive, energy and satisfaction to continue in this line of work. It is an exciting challenge for me to contribute to the further development and professionalization of Medica Health and be part of the team. Looking forward to meeting all of you and hearing all the amazing experiences you have with Theragem.

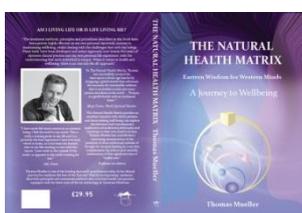
Warm regards Ed

Therapist Profile

Thomas Mueller: We are proud to be selecting Thomas Mueller B.A., D.A.Med. as our Theragem profile this month, as he has worked exceptionally hard and continues to do so to the highest level in his 'Ayuwave' clinic, which is situated in Wimpole Street, London, UK.



Thomas has worked with Theragem for some time now and provided incredible case studies which showcase his efforts and understanding of how Theragem works. Not only has Thomas used Theragem to help people's quality of life, but he has also attended our certified Basic and Advanced training to further his skills. Thomas works very closely in his practice with Ayurveda as he has a deep passion for eastern and western health traditions. He also travels frequently to India to remain connected to the motherland of Ayurveda, participating in community health programmes that use Ayurvedic based immunisation programs for children, to boost their immunity levels naturally.



On this note it is with great pleasure that we announce the success of Thomas's new book; **'The Natural Health Matrix'**, which is available on his website, www.ayuwave.com, or on Amazon and includes Theragem Crystal Light Therapy, **p116!** This book details many methods, principles and

procedures of how Ayurveda helped Thomas and that when it comes to health and wellbeing, there is no 'one size fits all approach'.

"introducing 'Gem frequency therapy' to my clinical practice, has given me the confidence that irrespective of what condition any of my clients may present with they go away and feel better, which essentially is the starting point of any healing process. If then, the client comes back and reports that not only the symptoms have improved but also their doctor confirms effective treatment support, then this is an additional bonus. The key for my successful practice I guess is I combine the best of the East and West by incorporating authentic Ayurvedic principles and assessment methods into modern health care practice, equipped with the latest state of the art technology in Quantum Medicine. What is also exciting for me is that with Theragem I have finally found a treatment that I can use on myself on a daily basis to keep me balanced and healthy as a practitioner, especially before and after seeing challenging cases. Also a big thank you to Catharina who has been a great sounding board and is always extremely helpful when asked to tweak my treatment protocol for some of my clients with chronic illnesses."

Basic Training feedback: We have been busy this last month with our trainings in USA, Netherlands and UK for our Basic Training. We are happy to say we received some lovely and useful feedback and have lots of people progressing onto the Advanced Training! Some of our feedback we would like to share with you.



"The content of level 1 basic training was beyond my expectations. J.F UK"

"Material was perfect, good manual and trainer was very precise in explanation. E.G NL"

"Informative, practical and enjoyable. A.C UK"

If you would like to be first on our training list and receive any special early bird prices, please email info@medicahealth.org Don't forget to  check out our [Facebook page](#) for current up to date information on training, shows, competitions and much more!

Sponsor our team member: Steven Elwell



Our very own UK Sales Support and Customer liaison, Steven Elwell, has taken on the challenge of completing a **100 mile** ride for the Sense charity, which supports the deaf blind community. We are supporting Steven amongst others with weekly Theragem sessions combined with Heart Quest readings to help him get to an optimum sports level, making it a real case study as well. We really

hope you will join us in supporting Steven and donate what you can on his sponsor page. Thank you.

<https://www.justgiving.com/Steven-Elwell>

Thank you for taking the time to read this article, we would love to hear your feedback or stories!
Are you interested in becoming a therapist or distributor? Open your mind to a wealth of possibilities and be part of the amazing Ohana (Hawaiian for family) be it as a therapist or distributor.

Yours sincerely,

Catharina Jansma
CEO
Medica Health International Ltd.

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