

## The Viofor Electro-Magnetic Bed – “I Felt Like Doing Cartwheels!”

By Name of Article writer

In a recent New Pathways we ran an article about how the Viofor Electro-Magnetic Bed was helping members of the Mercia MS Therapy Centre in Coventry. Now, three women from Cheshire say how it made them jump for joy.

**I**t all started when Karen Toft, a holistic therapist based in Warrington, Cheshire, invited three local ladies with MS to try out her Viofor electro-magnetic bed to see what effect it had on their symptoms.

Between them, friends Janice Neil, Jan Howard and Pauline Wilson had the common MS symptoms of difficulties with standing and walking, foot drop, fatigue, pain, cognitive problems, depression, poor balance and sleep patterns. But it took only three treatments to have all three women literally jumping in the air.

The Viofor electro-magnetic bed helps MS by oxygenating cells to fight infection, reducing inflammation, promoting the release of endorphins and boosting the immune system. It also improves circulation, encourages deep relaxing sleep, relieves muscle tension and makes movement easier.

Janice Neil, 50, from near Knutsford, says: “When we first started using the machine we could feel something happening. It was like being on the brink of something new - we considered ourselves fortunate that we had been allowed to try this new therapy which we feel can change people's lives.”

Jan Howard, 59, had previously found difficulty in getting a good night's sleep, in keeping her balance and in standing or walking for any length of time. She says: “I had forgotten what it was like to sleep for more than an hour at a time; this had carried on for more than 6 years. It resulted in irritability, poor memory, confusion and little mental alertness. I found it hard to remember how I used to be.

But since using the Viofor, I can mostly sleep for up to 6 hours in total. The dark circles are vanishing from under my eyes and I feel refreshed after sleep.

I now go upstairs to bed instead of sleeping on the settee and now find it easy to turn over in bed. I would rate the improvement to my sleep pattern as being 100%.”

Jan also says she can wash her feet more easily in the shower and is less reliant on her husband to help her to walk.

Says Jan: “I would recommend this therapy to people with MS and hope they also feel the benefits and feeling of well-being that I have experienced.”

Following 12 weeks' treatment, Janice Neil experienced a huge reduction in the pain she used to get in



Putney Bridge



*Caption*

her legs, thighs and calves. Her foggy thinking became clearer and she also found she had improved cognitive function and also better balance.

Janice says: "Although I realise this is not a cure, my quality of life has improved so much after using the Viofor that there is no way I wish to return to how I felt before treatment. Janice has continued to improve. She no longer needs her foot support, is walking taller and manages the stairs at home much better.

She says: "I always know when I am ready to go on the machine again, and, when I do, I get a feeling of well-being – I feel like my old self again."

Pauline Wilson, 57, was the third of the friends to try Viofor treatment. Due to her heart condition, Karen progressed the treatments very gently at first and found it took about 4 - 5 sessions before she noticed any real improvement.

The short wait was worth it. Therapist Karen, of Aqualonde Holistics, says: "Pauline positively blossomed - that's the only way I can describe it! She became brighter, more alert, can feel more of her feet, is better balanced and can walk straighter and further. She has a lot more confidence than when she started."

Pauline says: "After having Electromagnetic Stimulation Therapy I felt normal again. My symptoms are balance, fatigue, depression, heaviness around the middle, numbness in both feet and problems with my speech.

After treatment my cognitive behaviour improved so

much that, along with my improved balance, I felt like skipping through fields and doing cartwheels like I did as a youngster. Also my friends couldn't stop me from talking and told me I was a different person."

Janice has now bought a home version of the Viofor which she uses three times a week. As Janice lives out in the sticks, she finds it difficult to get to a centre which has a professional machine so is glad to have bought the home version.

"It's brilliant", says Jan. "I'm definitely maintaining the benefits. My foot drop has completely gone and I am walking better and with more confidence."

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