

MEDICAHEALTH



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Gemcups  
Ancestral Lineage  
ARC of Light



## G1036 – G1037 – G1038 Ancestral Lineage - ARC OF LIGHT

As light body workers, therapists and healers we stand at a crucial place within the evolution of the planet. A revolution of the soul's true blue print is being asked of us: that the veil over the ancestral patterns carried throughout many generations be recognised, lifted and cleared. Obsolete genetic patterning creates unwanted burdens, troubled relationships and suppressions, manifesting in unease, stress and blocking the true freedom of the individual.

However, the life that is wished for can be restored, resulting in order, freedom, lightness, abundance and causing each individual's true spiritual blue print to radiate out through daily life. ARC means **Ancestral Release Cup**; a nod to the famous ark of Noah which saved the population from the flood.

*Finally, a solution for those who are drowning in a sea of emotions.*

These new gemcups are aimed to clean, resolve and heighten the realization of the full potential of the Self on all levels, be it physical, emotional, mental or spiritual.

The results and feedback we receive is beautiful and demonstrates how necessary fusions of integrative and complementary practices are all over the globe. With each of these specific gemcups, a therapist can be confident of reaching the deepest layers in every client.



## Each of the Arc of Light Gemcups contains over 30 carats of:



ARC of Light I, the first blend preparing for a powerful but gentle release of all that holds us back. Containing: Super 7, Amethyst & Rose de France, lovingly holding space Rose Quartz and radiant Diamond. This first gemcup holds the powerful energy of 'I am that I am', the pure love vibration and the pulse of the universe! Identifying, recognising and connecting to our lineages throughout the generations, then clearing with pure intent patterns to restore and reconnect to the true individual life purpose.

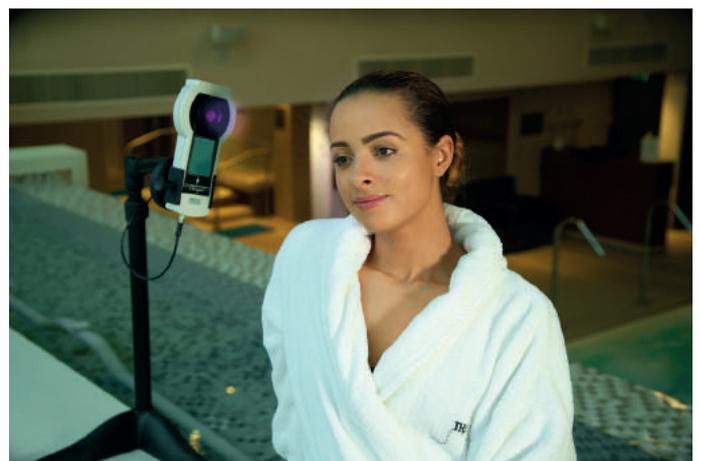


The ARC of Light II: strong deepest cleansing blend Super 7, "Unscrambling" disorderly or chaotic energies, Amethyst, and cleansing clearing Citrine. This gemcup provides a beautiful shield & extra pure universal protection & loving safety during the process; use this after ARC of Light 1, to cleanse thoroughly.



The solidifying gemcup of these powerful three blends; rare mysterious Tanzanite, relaxing ayurvedic Sapphire, different blends and strengths of Amethysts, and powerful supportive Diamonds. ARC of Light 3 is to provide a solid resonance, stabilizing the powerful healing journey that has just been started - healing, loving, calming, nourishing and deepening the clearing process.

*The timing of these new blends could not have been better as we as human kind face an enormous task to clear up the junk yard of our individual and ancestral past. For this to happen, it requires access to your own unique insights with clarity on how to move forward on energetic, physical, emotional, mental and spiritual levels; based on trust, allowing loving wisdom for all that lives, to flow without the restricting ties of the past.*





## Suggested Protocol

A strong crystalline body is of essence to release any lingering ties to the lineage and past and to be fully prepared for a relaxed individual on all levels, as follows:

- Three sessions of standard session of Theragem, Elation and Spleen and any physical, emotional or mental conditions addressed over two weeks prior to the session.
- The day of the session client is to have an Epsom Salt bath with 2 to 4 drops of lavender and frankincense essential oil for a deep cleansing.
- Approach this session with a deep respect and be prepared to release and dissolve any ties that no longer serve the purpose of their soul's journey here.

We do reserve the right to only offer the gemcups to those who have been designated and have received the blessings by our specialist energy team. This is then followed by three separate sessions with a qualified therapist, prior to applying this powerful blend. This is set up so that those using them understand and appreciate the processing of the energies that clients can go through.

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## ARC of Light - Created for Harmony

### ARC of LIGHT I - First Session

Bathe Solar Plexus area on Balancing for 20 minutes treatment.

#### For robust individuals with a strong physique or energy body

Bathe soles of feet using one or two gemcups on Energising for 20 minute session.

As this will resonate throughout the body, it is best for robust constitutions or those perceived as requiring a stronger impact – whilst they are displaying heavily blocked emotions, anger, high elevated stress levels.

The follow-up session set with lighthead over soles of feet on Balancing 20 minutes.

### ARC of Light II - Second Session

Position Theragem lighthead unit with ARC of Light II over the Solar Plexus, with program: Balancing - 20 minutes - Intensity as of 75% and up.

Or in conjunction with: bathe the soles of feet on Energising for 20 minutes.

This gem head with Citrine is suitable for the Energising program.

#### For sensitive individuals

Bathe Solar Plexus area on Energising for 10 minutes then Balancing for 10 minutes.

### ARC of Light III - Third Session

Place the Theragem lighthead unit over the crown with the ARC of Light III: Balancing - 20 minutes - intensity approx 75% (depending on constitution).

Leave three days before follow-up treatment using ARC of Light III to further deepen & harmonise the individualised treatment. The full treatment using ARC of Light I and II can be repeated accordingly - always leave at least three days before repeating full treatment protocol.



## Want to know more? Get in touch...

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 **THERAGEM™**